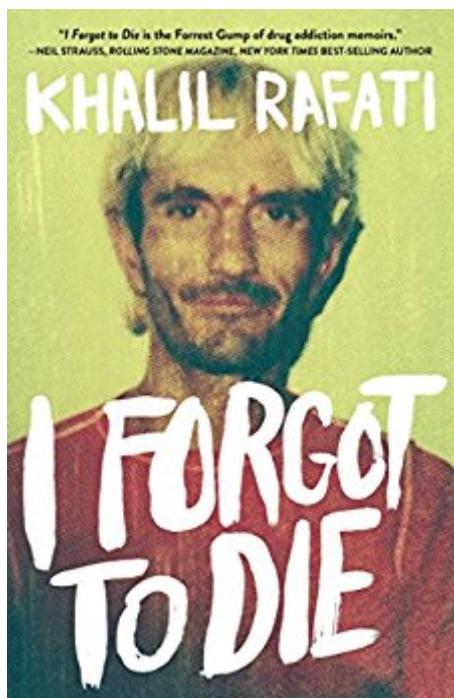


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# I Forgot To Die



## **Synopsis**

â œThe first bullet punched a hole in the door. The shot was deafening and a beam of light poured into the bathroom. Then they fired again.â •Khalil Rafati went to Los Angeles in the 1990s and had it all. He was working with Hollywood movie stars and legendary rock musicians, but it wasnâ ™t long before he found his way into the dark underbelly of the City of Angels. When he hit rock bottom â ” addicted to heroin and cocaine, overtaken by paranoia and psychosis, written off by his friends and family â ” he grabbed a shovel and kept digging. At 33, Khalil was 109 pounds, a convicted felon, high school dropout, and homeless junkie living on the infamous Skid Row in downtown L.A. So how does someone with nothing, who feels like they deserve nothing, and who just wants to end it all turn their life around? I Forgot to Die is an incredible true story of pain, suffering, addiction and redemption â ” and how one man ultimately conquered his demons and wrote himself a new life story.

## **Book Information**

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## **Customer Reviews**

I first heard about Khalil's inspirational story on the Rich Roll podcast and I was compelled to learn

more about his story because he emanates an incredible peace and calm. In particular, I was moved by his ability to forgive the people in his childhood who had caused the traumas which ended up pushing him toward a reckless life of drug addiction. His acceptance/surrender of his past allowed me to start moving toward my own journey of forgiveness and self-acceptance. His book can be deeply healing for anyone because its underlying themes of unmet childhood needs, trauma, self-acceptance, redemption, friendship and finding significance are universal. The fact his life is particularly fascinating being under the employ of multiple celebrities, the depths of drug addiction and finding a life of purpose, service and love. Without spoiling the book, the amount of serendipity in this story is incredible and beautiful, and redemptive.

I never write reviews, but I had to for this book. It is not often that you run across a book where you literally can not put it down until you finish it because the story being told is just that powerful. This book can help a lot of people searching for light in the darkness. While it serves as a cautionary tale as to how lives can be destroyed through substance abuse, ultimately it's a story of how the author triumphed over incredible adversity to go on and help others and achieve great things in his community.

This is an amazing book! His life story is so inspiring and proves to people that anybody is capable of rising from the depths of hell and being able to live his dream and live to the fullest everyday. This book hits you hard with every emotion. Must read!!

THIS BOOK IS AMAZING. A GREAT READ FROM BEGINNING TO END. A LOT OF ADDICTION MEMOIRS ARE ENTERTAINING ONLY THROUGH THE "USING STAGE" BUT KHALIL'S RECOVERY WAS A PAGE TURNER AS WELL! I WAS SAD WHEN IT ENDED BUT HAPPY HE FOUND HIS WAY OUT OF THE DEPTHS OF HELL. I HIGHLY RECOMMEND THIS BOOK NOT ONLY TO ADDICTS BUT TO NON ADDICTS AS WELL TO UNDERSTAND WHAT WE GO THROUGH. WELL DONE MR RAFATI!!

Great book! I am not an addict but for some reason, I am intrigued by the life of an addict. (think "Million Little Pieces") I would recommend it to anyone. I would not mind reading a follow up to how Khalil's life as it rolls out. Heard about him from the Rich Roll podcast.

A true story with an inspiring ending. What Khalil Rafati is putting out in the world now, from where

he has came from....is proof that from even the darkest of dark, one can be restored to sanity and become a beacon of light for the world to see. Thank You Khalil Rafati, for what you have been through and for what you have become. As you are making the world a better place every day with the products you are putting out and by telling this unbelievable story. Thank you for helping to unmask the truth and shed a different perspective for what addicts can accomplish, if we just use that energy we put into our addiction to do something else, our capabilities are without limits!!! Keep putting beautiful juice energy into the world and sharing your story, your a wonderful reminder that, anything is possible, if you put your mind to it. Thank You for being you! raw, wonderful and amazing!

Gritty, raw and brutal, the author tells his story about drug addiction and the depths he sank to just to get his high. His descriptions are very realistic and at times, I really felt sorry for him. This story has a happy ending. I am glad that he brought himself back up from the lowest of the low, found happiness, and is now a successful entrepreneur. May you continue to enjoy life!

This book is a must read. Khalil's story is inspiring. The book reads so well it was hard to put down once I started reading. The ups and downs and ultimate victory as the tale unfolds will bring tears to your eyes & produce smiles that are hard to get rid of. A well written book, with an unforgettable journey chronicled.

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